

| Sunday   | Monday  | Tuesday  | Wednesday   | Thursday   | Friday   | Saturday   |
|--|---|--|---|--|--|--|
|  <h1 style="margin: 0;">AUGUST 2019</h1> <h2 style="margin: 0;">Memory Care Unit Program Calendar</h2>                                |   |  |   |  |  |  |
| 8:00 Religious Service/TV <b>4</b><br>10:45 News/Current Events<br>11:00 Music Hour<br>1:00 Matinee<br>2:30 Coffee/Cookie Social<br>6:15 Short Stories<br>7:00 Daily Reflections                                       | 9:00 News/Current Events <b>5</b><br>10:45 Exercise/Active Game<br>11:00 Music Hour<br>1:00 Relax & Rejuvenate<br>2:15 Hydration/Snack<br>3:15 Cranium Crunchers<br>4:00 Outside Time<br>5:00 Trivia<br>6:15 Short Stories<br>7:00 Daily Reflection                                     | 9:00 News/Current Events <b>6</b><br>10:45 Exercise/Active Game<br>11:00 Music Hour<br>1:00 Relax & Rejuvenate<br>2:15 Hydration/Snack<br>3:15 Gardening/Yard Work<br>4:00 Outside Time<br>5:00 Trivia<br>6:15 Short Stories<br>7:00 Daily Reflection  | 9:00 News/Current Events <b>7</b><br>10:45 Exercise/Active Game<br>11:00 Music Hour<br>1:00 Relax & Rejuvenate<br>2:15 Hydration/Snack<br>3:15 Picture Bingo<br>4:00 Outside Time<br>5:00 Trivia<br>6:15 Short Stories<br>7:00 Daily Reflection   | 9:00 News/Current Events <b>8</b><br>10:45 Exercise/Active Game<br>11:00 Music Hour<br>1:00 Relax & Rejuvenate<br>2:15 Hydration/Snack<br>2:30 Happy Hour (MDR)<br>3:15 Strolls<br>4:00 Outside Time<br>5:00 Trivia<br>6:15 Short Stories<br>7:00 Daily Reflection               | 9:00 News/Current Events <b>9</b><br>10:45 Exercise/Active Game<br>11:00 Music Hour<br>1:00 Relax & Rejuvenate<br>2:15 Hydration/Snack<br>3:30 Music with Adam<br>4:00 Outside Time<br>5:00 Trivia<br>6:15 Short Stories<br>7:00 Daily Reflection  | 8:00 Coffee Social <b>3</b><br>9:15 Current Events/News<br>11:00 Music Hour<br>12:30 Relax & Rejuvenate<br>1:15 Active Games/Outside time<br>2:15 Hydration/Snack<br>2:30 Bible Study (MDR)<br>6:15 Short Stories<br>7:00 Daily Reflections  |
| 8:00 Religious Service/TV <b>11</b><br>10:45 News/Current Events<br>11:00 Music Hour<br>1:00 Matinee<br>2:00 50s Party & Car Show<br><i>Main Dining Rm/Parking lot</i><br>6:15 Short Stories<br>7:00 Daily Reflections | 9:00 News/Current Events <b>12</b><br>10:45 Exercise/Active Game<br>11:00 Music Hour<br>1:00 Relax & Rejuvenate<br>2:00 Resident Council (Act. Rm)<br>2:15 Hydration/Snack<br>3:15 Cranium Crunchers<br>4:00 Outside Time<br>5:00 Trivia<br>6:15 Short Stories<br>7:00 Daily Reflection | 9:00 News/Current Events <b>13</b><br>10:30 Pet Connection<br>10:45 Exercise/Active Game<br>11:00 Music Hour<br>1:00 Relax & Rejuvenate<br>2:15 Hydration/Snack<br>3:15 Gardening/Yard Work<br>4:00 Outside Time<br>5:00 Trivia<br>6:15 Short Stories<br>7:00 Daily Reflection                         | 9:00 News/Current Events <b>14</b><br>10:45 Exercise/Active Game<br>11:00 Music Hour<br>1:00 Relax & Rejuvenate<br>2:15 Hydration/Snack<br>3:15 Picture Bingo<br>4:00 Outside Time<br>5:00 Trivia<br>6:15 Short Stories<br>7:00 Daily Reflection  | 9:00 News/Current Events <b>15</b><br>10:45 Exercise/Active Game<br>11:00 Music Hour<br>1:00 Relax & Rejuvenate<br>2:15 Hydration/Snack<br>2:30 Happy Hour (MDR)<br>3:15 Strolls<br>4:00 Outside Time<br>5:00 Trivia<br>6:15 Short Stories<br>7:00 Daily Reflection              | 9:00 News/Current Events <b>16</b><br>10:45 Exercise/Active Game<br>11:00 Music Hour<br>1:00 Relax & Rejuvenate<br>2:15 Hydration/Snack<br>3:30 Music with Adam<br>4:00 Outside Time<br>5:00 Trivia<br>6:15 Short Stories<br>7:00 Daily Reflection | 8:00 Coffee Social <b>17</b><br>9:15 Current Events/News<br>11:00 Music Hour<br>12:30 Relax & Rejuvenate<br>1:15 Active Games/Outside time<br>2:15 Hydration/Snack<br>2:30 Bible Study (MDR)<br>6:15 Short Stories<br>7:00 Daily Reflections |
| 8:00 Religious Service/TV <b>18</b><br>10:45 News/Current Events<br>11:00 Music Hour<br>1:00 Matinee<br>2:30 Coffee/Cookie Social<br>6:15 Short Stories<br>7:00 Daily Reflections                                      | 9:00 News/Current Events <b>19</b><br>10:45 Exercise/Active Game<br>11:00 Music Hour<br>1:00 Relax & Rejuvenate<br>2:15 Hydration/Snack<br>3:15 Cranium Crunchers<br>4:00 Outside Time<br>5:00 Trivia<br>6:15 Short Stories<br>7:00 Daily Reflection                                    | 9:00 News/Current Events <b>20</b><br>10:45 Exercise/Active Game<br>11:00 Music Hour<br>1:00 Relax & Rejuvenate<br>2:15 Hydration/Snack<br>3:00 Red Hat Party (MDR)<br>3:15 Gardening/Yard Work<br>4:00 Outside Time<br>5:00 Trivia<br>6:15 Short Stories<br>7:00 Daily Reflection                     | 9:00 News/Current Events <b>21</b><br>10:00 Catholic Mass (MDR)<br>10:45 Exercise/Active Game<br>11:00 Music Hour<br>1:00 Relax & Rejuvenate<br>2:15 Hydration/Snack<br>3:15 Picture Bingo<br>4:00 Outside Time<br>5:00 Trivia<br>6:15 Short Stories<br>7:00 Daily Reflection<br>8:30 Outdoor Movie (courtyard) | 9:00 News/Current Events <b>22</b><br>10:45 Exercise/Active Game<br>11:00 Music Hour<br>1:00 Relax & Rejuvenate<br>2:15 Hydration/Snack<br>2:30 Happy Hour (MDR)<br>3:15 Strolls<br>4:00 Outside Time<br>5:00 Trivia<br>6:15 Short Stories<br>7:00 Daily Reflection              | 9:00 News/Current Events <b>23</b><br>10:45 Exercise/Active Game<br>11:00 Music Hour<br>1:00 Relax & Rejuvenate<br>2:15 Hydration/Snack<br>3:30 Music with Adam<br>4:00 Outside Time<br>5:00 Trivia<br>6:15 Short Stories<br>7:00 Daily Reflection | 8:00 Coffee Social <b>24</b><br>9:15 Current Events/News<br>11:00 Music Hour<br>12:30 Relax & Rejuvenate<br>1:15 Active Games/Outside time<br>2:15 Hydration/Snack<br>2:30 Bible Study (MDR)<br>6:15 Short Stories<br>7:00 Daily Reflections |
| 8:00 Religious Service/TV <b>25</b><br>10:45 News/Current Events<br>11:00 Music Hour<br>1:00 Matinee<br>2:30 Coffee/Cookie Social<br>4:30 Mennonites Sing (MDR)<br>6:15 Short Stories<br>7:00 Daily Reflections        | 9:00 News/Current Events <b>26</b><br>10:45 Exercise/Active Game<br>11:00 Music Hour<br>1:00 Relax & Rejuvenate<br>2:15 Hydration/Snack<br>3:15 Cranium Crunchers<br>4:00 Outside Time<br>5:00 Trivia<br>6:15 Short Stories<br>7:00 Daily Reflection                                    | 9:00 News/Current Events <b>27</b><br>9:30 Bus ride/Outing<br>10:30 Pet Connection<br>10:45 Exercise/Active Game<br>11:00 Music Hour<br>1:00 Relax & Rejuvenate<br>2:15 Hydration/Snack<br>3:15 Gardening/Yard Work<br>4:00 Outside Time<br>5:00 Trivia<br>6:15 Short Stories<br>7:00 Daily Reflection | 9:00 News/Current Events <b>28</b><br>10:30 Worship Service (MDR)<br>11:00 Music Hour<br>1:00 Relax & Rejuvenate<br>2:15 Hydration/Snack<br>3:15 Picture Bingo<br>4:00 Outside Time<br>5:00 Trivia<br>6:15 Short Stories<br>7:00 Daily Reflection   | 9:00 News/Current Events <b>29</b><br>10:45 Exercise/Active Game<br>11:30 Outdoor BBQ (Courtyard)<br>1:00 Relax & Rejuvenate<br>2:15 Hydration/Snack<br>2:30 Happy Hour (MDR)<br>3:15 Strolls<br>4:00 Outside Time<br>5:00 Trivia<br>6:15 Short Stories<br>7:00 Daily Reflection | 9:00 News/Current Events <b>30</b><br>10:45 Exercise/Active Game<br>11:00 Music Hour<br>1:00 Relax & Rejuvenate<br>2:15 Hydration/Snack<br>3:30 Music with Adam<br>4:00 Outside Time<br>5:00 Trivia<br>6:15 Short Stories<br>7:00 Daily Reflection | 8:00 Coffee Social <b>31</b><br>9:15 Current Events/News<br>11:00 Music Hour<br>12:30 Relax & Rejuvenate<br>1:15 Active Games/Outside time<br>2:15 Hydration/Snack<br>2:30 Bible Study (MDR)<br>6:15 Short Stories<br>7:00 Daily Reflections |

